

# NEWS and VIEWS



Samaritan Village Recycling guru Ann Bowers points out what can and cannot be put into the recycling bins, and why recycling correctly is so important.

Photo by Diane Kinman

## How one old bag fouls up the works Or, how to simplify recycling

By Ann Bowers and Diane Kinman

Our beige recycling bins are only for things that can be recycled — right? But the bins are clogged with plastic bags. And many of those bags have recyclable materials inside of them. Did you know that Republic Services immediately discards those plastic bags and the contents because, to them, it's garbage.

And Republic might discard everything in the whole “recycle” bin because they consider it to be

contaminated by one little old plastic bag! Your carefully cleaned and recycled materials end up in the landfill — just what you were trying to avoid! Your whole recycling effort is wasted.

Why are they so picky? Money, among other things. When China quit taking our recyclables, we were left to figure out what else to do with them. And for Republic, one little plastic bag screws up the entire process!

[Read RECYCLE, page 3](#)

# CHAPLAIN'S CORNER

January 2021.

I think of the baby in diapers holding a flag with 2021 saying farewell to the bearded gentleman with a worn-out flag that reads 2020. We have such hopes and dreams for the new year, but if 2020 has taught us anything, it should be that we need to move with patience and caution into this new year.

After months of being told to wear masks when we are talking with someone, keeping our distance and quite frankly staying at home, this is not a time for us to rush out and declare we made it. This is a slow time of recovery that ensures that we will not be swept away in false confidence or enthusiasm. In other words, life still “sucks”.

Except we now have a vaccine that should help us all to overcome this disease. It will take months to inoculate all who are willing and even longer, at least for me, to trust the authorities who say we are home free. For we have been through a time that has not only harmed our physical well-being, but also our trust in others, a time that makes us question motives, actions, and results.

How are we going to heal? It will take time. Relationships will have to mend. Government figures will have to abide by the truth and seek the common good. We will need to reach out to those with whom we have disagreed about masks, going out in groups, and how to exercise our rights. We will have to forget the disagreements, quarrels and arguments that split friendship and families. Were they worth it or were they just a result of the fear we all felt in the presence of an invisible enemy?

We still have time ahead of us to rethink our relationships. The “plague” is still here, and we must still be cautious, but a new year

invites us to begin thinking new thoughts. Perhaps we can start being thankful. Unhappy that we could not visit in person, but thankful that Zoom, texting and good old Alexander Graham Bell were there to keep us together. People went hungry and homeless. Then fires came and burned out our brother and sister Oregonians in the south, but so many others stepped up and sent food, clothing, money to be distributed so that those who were burned out still knew that people cared for them.

I think many of us developed a new appreciation for those workers who remained at work: the checkers at Safeway, the postal workers, the gas attendants, etc., not to mention the first responders: nurses, CNA's doctors, those who kept the hospitals clean and the police and fire personnel and sadly those working in funeral homes. And many, many more who worked tirelessly to “heal the sick, soothe the suffering, and comfort the dying.”

I hope by next summer, we can look back on this “experience” and review the lessons we have learned. Then we can go forward with calm and strength to love and care for our family and friends and welcome the stranger in our midst.

I wish you a blessed New Year, a year of good health, patience, and a return to normalcy that will unite us all as one.

— Deacon Peggy Bernhard

## Editor's Note

Do you enjoy writing poetry, short stories or free verse? Please do send in your work, so we can publish it in *News and Views*.  
- P.S.

RECYCLE, continued from page 1

What can we put in our Recycle bins? Paper, paperback books, magazines, clean cottage cheese and yogurt cartons, bottles, jugs, and cans. (See examples in photo below.) If you collect these things in a brown paper bag, just toss the bag in after you empty it.

**REMEMBER THESE NO-NO'S:**

- No food waste, liquid or plastic bags!
- No lids! Not from bottles, jugs, cans, cottage cheese or yogurt tubs.
- No take-out food containers or anything used to transport food. That includes large plastic containers that vegetables or lettuce come in.
- Do **NOT** bag or box recyclables; dump them into the bin loose! **You can collect them at home in a paper bag, then just empty the bag into the bin, and toss the bag in, too.**



Top Left: Do Not recycle plastic bags or bottle lids – but plastic bottles are recyclable.



Top Right: This is garbage.



Bottom Left: What Not to recycle. (used tissues, plastic bags).



Bottom right: This is No Way to recycle. (Flatten those boxes. Remove lids from plastic bottles. The bottle lids are garbage.

# Old Cranky Butt

By Patricia Smith

*"I have always believed, and still believe, that whatever good or bad fortune that may come our way, we can always give it meaning and transform it into something of value."* – **Hermann Hesse**

Although I had a good Christmas, it is two days later, and I'm feeling easily irritated, cantankerous, and a general grouchy butt. Sort of like Scrooge might feel after the glow of the Christmas spirit has worn thin.

*The past is always, to some extent, a fiction of the present.* – **David Bentley Hart**

New Year's approached and I wanted to start it with a better attitude. And so, I called up my friend, elderly Martha, to grouse. I hoped she'd give me some helpful advice.

## **CALL FOR SAMARITAN VILLAGE VAN SERVICE**

Need a ride in Samaritan Village van? Rather than signing up for rides on the sheet in the lobby, **please call** instead. Our driver is Sandy, and her phone number is: **541-619-7771**.

Let Sandy know where you need to go and what day and time you need to be there.

**Our normal bus hours are Monday, Wednesday, and Friday from 1 to 5 pm.**

We can also pick up groceries and run errands for you. If you don't have access to a computer, give Nick your grocery order and schedule pickup for after 1 pm the next day. In other words, call Nick the day before you need your groceries. **This week, with the kitchen closed, our service is available Monday through Friday, noon to 4 p.m.**

I complained about this and that, ending a string of woes with, "I wanted to drink that bottle of Ensure, couldn't open it and wound up eating a lot of cookies instead."

Martha snorted, "You poor thing."

I know sarcasm when I hear it. "Okay, it's all petty, but I feel stuck. How can I change and deal with my mood?"

She said, "How about keeping a journal?"

"Oh great, you mean the old cliché gratitude journal?"

I could almost sense Martha's annoyance over the phone. "No, dear, I was thinking more in the line of a Grumble Journal.

Forget about what brings you joy, list all the things that aggravate you."

"That's the dumbest advice I've ever heard."

Gleeful Martha said, "Yeah, put me first on the list!" Then she hung up.

I steamed for a few seconds before I realized how clever she was. Now I have a journal where one side is for negative and the other for positive. Interestingly, most items are on both sides.

*"What is the difference between an obstacle and an opportunity? Our attitude toward it. Every opportunity has a difficult, and every difficulty has an opportunity."* – **J. Sidlow Baxter**

No matter what, may we have a New Year full of hope. May we create and find happiness throughout the coming year.

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# Help is here while the kitchen is closed

We all got the memo on Dec. 30 that our kitchen has been temporarily closed. As a result, a few people have banded together to deliver homemade meals to any residents who need the help until the kitchen reopens on Jan. 11.

Kathleen Dennis and Pam Winslow are spearheading the effort. “Pam Winslow has really stepped up to provide the meals,” Kathleen said. “We are trying to identify people who need meals, and homemade meals are being delivered.”

Dennis said volunteers have been cooking and delivering the food to about 20 residents over the past four days. She said that if you have a neighbor who is really struggling to put together meals for themselves, to let her know. **You can reach Kathleen Dennis at 503-269-9900.**

“We’re also contacting Meals on Wheels,” she said. “But we are trying to keep something set up until Meals on Wheels can kick in. So, if you can’t cook your own meals and need immediate help, call me and leave a voicemail.”

The bus committee is also ready to help. Diane Kinman said that for those who need to buy their own groceries, the SV bus driver, Sandy, will pick up and deliver groceries. With the kitchen closed, the service is available Monday through Friday, noon to 4 p.m. at half-price (\$2.50) this week only. **To have your groceries delivered, call Sandy at 541-619-7771 or Diane Kinman at 206-453-5800.**

“Residents can get food delivery or grocery pick-up and delivery by the van any day this week,” Kinman said. “And I will drive, if Sandy (our bus driver) is not available.”

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## Welcoming New Residents

By Sandy Nored

In recent months, the House Committee has welcomed six new residents to Samaritan Village.

When they move in, each new member of our community is welcomed with a bag of goodies, filled with useful items like a face-mask, hand sanitizer, note pad and pen, tissues and candy.

Once life at Samaritan Village gets back to normal, we will hold a celebration to welcome all our new residents and renew old friendships.



# BUS COMMITTEE FINANCIAL REPORT

## Income and Expenses November 2020

11/01/20     **Beginning Balance - Checking Account** 6,336.10

**INCOME:**

Bus Ticket Sales	210.00
Daily Trips - Cash+39 tickets used	25.00
Outings - None	0.00
Advertising on Bus (Sep & Nov)	700.00
Donation from Residents	0.00
Bargain Sales(5) & eBay Sale (1)	<u>70.87</u>

**TOTAL INCOME:** **1,005.87**

**EXPENSES:**

Bus Driver (Diocese) Billed in Dec	0.00
Unemployment Claim (Diocese)	67.72
Oregon DMV (Bus 1-yr Registration)	108.00
Bank Fee	<u>10.00</u>

**TOTAL EXPENSES:** **185.72**

**NET INCOME LESS EXPENSES:** **820.15**

11/30/20     **Ending Balance - Checking Account** **7,156.25**

11/30/20     **Other Account Balances:**

Operational Money Market (Dividend: 0.37)	8,890.61
New Bus Fund (Dividend: 0.07)	1,802.13
Business Savings Member Account	<u>5.00</u>

**TOTAL ALL FUNDS:** **17,853.99**

**Summary:**

Due to ongoing Coronavirus restrictions\*, van ticket sales and daily trips continue to be lower; there were no outings. The missing Cascade September plus the current November payments were both received in November. There were 5 Bargain Sales in November and one eBay sale. The November invoice for our driver was received in December, so the expense will show in the December report.

*\* Due to the Coronavirus and ongoing restrictions implemented by SV management as well as Federal and Oregon...the bus continues to be out of use and the van is used for essential trips only. A plan for van usage, including safety/health protocols as well as direct phone access to our driver (Sandy, 541-619-7771) for residents to schedule a ride, has been implemented and communicated to residents. Duration of these restrictions is based on how long the virus is active locally and nationally, with an unknown end date under current guidelines.*



# JANUARY BIRTHDAYS

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Here's wishing a  
**HAPPY  
BIRTHDAY!**

Sadie Cobb – Jan 4

Ruth Dittmar – Jan 12

Kathleen Dennis – Jan. 12

Sandy Nored – Jan 13

Diane Kinman – Jan 18

Doris Cox – Jan 21

Peggy Savage – Jan 26

## WHO IS THAT BABY?

Can you guess who this cute little girl is?

Send in your guesses to Peggy Savage at [savagepj1@gmail.com](mailto:savagepj1@gmail.com) or call me at 971-322-6221, or leave a note in my door clip #45. The answer will be published in the November newsletter, along with the name of the first person to guess it right.

**OUR DECEMBER BABY WAS VIC RUSSELL.**

The first person to guess his identity correctly was Sandy Nored. (Most people thought he was Lee.)

**Editor's Note:** Some new residents' birthdays are not on our current birthday list. The only way we can add your names to our list is for you to contact me and ask to be added. The same goes for releasing your name, phone, and email to the House Committee for inclusion in the HC phone list.

If you've moved here within the past year, and want your name included, please contact Peggy Savage at 971-322-6221 or [savagepj1@gmail.com](mailto:savagepj1@gmail.com).

# HOUSE COMMITTEE REPORT

## DECEMBER 2020

### House Committee happenings - Peggy Savage, HC Chair

**Newsletter** - I'm trying to keep each issue of *News and Views* filled with SV news, and I appreciate any news item submissions or ideas, submitted photos, art, writings, etc. that residents want to send me.

**Calling all Artists** - We do have artists here, and this is your chance to display your talents on our "Artist of the Month" page in this newsletter. Please do send a photo of your favorite work to me by email at [savagepj1@gmail.com](mailto:savagepj1@gmail.com), or give me a call at 971-322-6221.

**Recycling** - Annie Bowers, a member of the House Committee, has been working with Diane Kinman to present recycling tips to residents. Look for an article and photos from them in this issue.

Annie is also still recycling bottles for deposit. In the past, she coordinated the bottle deposits for residents and contributed the bottle deposit money to the House Committee account. The Covid-19 pandemic has made it hard to keep that project going, but Annie is working on an idea to collect the bottles safely. She hopes to get the ball rolling on that effort soon. More information coming in the next issue of *News and Views*.

**Coming Soon** - The House Committee is also working on starting a new activity that we can all participate in safely outdoors. We are meeting in January to work out the details. So, look for the story on that in the next issue as well.

### Financial Report – Sandy Nored, HC Treasurer

Beginning Checking Account Balance	\$ 878
Income	\$1570 (Donations for Staff Gratuities)
Expenses	<b>\$1570</b> (Staff Gratuities) <b>\$5.00</b> (From House Committee Funds, used to round out gratuity check amounts evenly.)
<b>Ending Balance</b>	<b>\$873</b>

#### Gratuity Fund Balance for 2021

Income: \$20 (From a late donation, which came in after 2020 checks had been distributed to staff.)



# Preserving History with his pen

*Architectural drawings of historic Corvallis homes by Ross Parkerson*

## William L. Cauthorn House

527 SW 5<sup>th</sup> St.  
Corvallis

William L. Cauthorn had this Gothic Revival style house built in the 1880s about a mile south of town. He moved the house to its present location in 1911.

**In July 1938, Cauthorn's daughter, Mrs. Anna Cauthorn Williamson, was interviewed by the WPA for a story on Corvallis Pioneers. Here's her story, as written:**

Mrs. Williamson was interviewed at her home at 413 Montgomery St., Albany. Her memory seemed thoroughly dependable.

In 1865, my grandparents, Alfred and Emily Cauthorn, came with our family from Mexico, Missouri to Oregon. Their children were William L., (my father), Ben, Jimmy, Fisk, Thomas, Frank, Emily and Fanny. The motive that influenced them most to move was the desire to get away from the unpleasantness arising from the Civil War



and the division between brothers. Father was 30 when we immigrated, and I have heard him say that if he had known the war was going to end so soon, he would not have come.

My parents were Margaret and William L. Cauthorn. Father was a farmer, although he had kept a store in Missouri. We settled about a mile south of Corvallis on land father bought from J.C. Avery. Grandfather was a tailor. In partnership with his sons, he operated a dry goods store for many years at the corner of Second and Adams Streets in Corvallis.

On the journey to Oregon, my father used horses and mules in our train instead of oxen. We had but one brush with the Indians that was serious.

They attacked us near the crossing of the Platte River.

I was six years old when we came west, and I walked much of the way. I could do this because I was strong and healthy, and the train traveled but 12 to 15 miles a day.

I attended the old South School in Corvallis for a time, but most of my schooling was in the elementary department of Corvallis College. Prof. Emory handled the rod, and he laid it on industriously at times. The low ground west of the College, at Fifth and Jefferson Streets, was covered with water which froze during the cold spells. The boys used to slide on the ice and received a flogging if they were caught doing it.

## SAMARITAN VILLAGE

# BARGAIN CORNER

Items available on a first-come, first-served basis. 100% of all proceeds are donated to the Samaritan Village Bus Fund.

To either donate or to purchase an item, please contact Vic Russell at 541-745-8748 or Diane Kinman at 206-453-5800.

- Juicer, a full juicer from Costco, originally \$100, plus all attachments and directions; \$25
- Gevalia Coffee Maker with glass pot, \$7
- Oreck vacuum cleaner, \$15
- Crock pot, large, lightly used, \$8

Well-cared-for wooden corner hutch - \$25



Gevalia  
Hot Water Pot - \$7

## Costco Juicer

Like-new Juicer from Costco, originally \$100, plus all attachments and directions - \$25



## Zucchini Bread to the Rescue



Diane Kinman and Mary Beth --  
----- deliver loaves of zucchini bread

Raul's famous zucchini bread helped fill the coffers for the SV Bus Committee fund last month.

"We had a wonderful response to our fundraiser, selling Raul's Zucchini Bread," said Diane Kinman, the Bus Committee Chair. "The people in Samaritan Village ordered 60 loaves at \$7 each, and we had several donations along with the sales. Our profit, after paying for the ingredients and a \$25 gift certificate for Raul, was: \$340.92."

Kinman offered a special thanks to Mary Beth for helping with deliveries, and Liz Curran for helping with the financial end of things.

## BOOK BLURB

By Margaret Parkerson

The Packard started with ease after it had been allowed to warm in the stables. Kick and Fig had uncovered it from its winter storage as Miss Catnip thought it a good idea from time to time. They kept their digs well supplied with fresh produce from the estate's garden, but they liked a trip to the Farmer's Market in order to add from the season's changes.

They had spent the morning making vegetable soup stock from fresh bits that might be thrown out but for being tossed into a storage container as things were trimmed. Outer cabbage leaves, carrot tops, core and seeds of red pepper, outer leaves from onion, garlic peppercorns, pepperoncini, water as needed, lid on, slow to moderate heat, and an afternoon's brewing, straining and to a freezer container, there when needed, not wasted.

Today, the market had "cooking" pumpkins and squashes that could be cut up and steamed, then pureed with a hearty squeeze of lemon, all added to their own homemade soup stock.

This, with freshly baked corn bread, was a satisfying evening meal, rounded out with a cheese, fruit and nut tray.

Kick and Fig went round to Miss Catnip's kitchen garden terrace and found her nipping some oregano, ready to make tomato sauce.

That would be a project for tomorrow. Today it was soup together, using the season's best.

*An Everlasting Meal: Cooking with Economy and Grace* by Tamar Adler Scribner @ 2011 is an inspiring book about intuitive cooking, the pleasure of eating and how frugality can be transformed to delicious meals.

# January 2021

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